

revive & thrive.

Support services for when life gets challenging.

What is Revive & Thrive?

Revive & Thrive provides you and your household members with free, confidential support to help with personal or professional problems, concerns or challenges that interfere with feeling or performing at your best.

How does it work?

Assess	Support	Thrive
<p>Speak with a Care Concierge who will provide:</p> <ul style="list-style-type: none">Immediate emotional supportHolistic needs assessmentCollaborative support plan	<p>Connect you to appropriate support which may include:</p> <ul style="list-style-type: none">CoachingShort-term counselingLong-term careWork-life resourcesFirm benefits and resources	<p>Provide ongoing support to:</p> <ul style="list-style-type: none">Motivate you to complete your support planEnsure satisfaction with support and resourcesHave a successful resolution

Confidential

Revive & Thrive is completely confidential about your Information and cannot be released without your written permission. Sessions are available in-person, telephonically, or by HIPAA compliant video platform.

Free

Revive & Thrive is provided at NO COST* to you and is paid for by your employer.

Available 24/7

Services are available 24 hours a day, 7 days a week.

While qualified, master's level counselors are available anytime, a specialty Care Concierge team is available Monday through Friday, 8 a.m. – 8 p.m. ET.

This dedicated team is specifically trained on your firm's programs, resources and culture, and will refine their support to be most helpful to you.

The Revive & Thrive Platform

The Revive & Thrive platform connects you with services. Whether you need to schedule a consultation with a Care Concierge, chat with a counselor or access resources to help you on your wellbeing journey, it's all here in one place.

Features:

- Live group support sessions
- Coaching courses
- AI chat companion
- Premium content and videos
- Wellbeing assessments
- Interactive journal
- Manager trainings
- Ambient sounds & calming space

better begins today.

Call to access services

888-784-5665

** If you require a referral for long-term treatment, costs may be incurred. These are often covered by your health insurance plan sessions are available in-person, telephonically, or by HIPAA compliant video platform.*

Common reasons to contact Revive & Thrive

- Anxiety
- Anger
- Burnout
- Career stress
- Crisis support
- Depression
- Financial
- Grief and loss
- Health/illness
- Legal
- Life events
- Marriage/divorce
- Relationships at work
- Struggling with daily responsibilities
- Substance abuse
- Suicidal thoughts
- Work/Life balance
- Work conflicts



Revive & Thrive provides up-to-date, carefully screened, national resources and referrals for a range of childcare needs including:

Childcare

- Adoption and Special Needs
- Before and After School Programs
- Family Daycare and Group Homes
- Nanny and Au Pair Services
- Nurseries and Preschools
- Summer Camps

Revive & Thrive provides up-to-date, national resources and referrals for a range of eldercare needs including:

Eldercare

- Home-Based Services: Nutrition, Meals on Wheels, Cleaning and Repair
- Housing: Retirement Communities, Subsidized Housing
- In-Home Care: Medical and Nursing Rehabilitation Services
- Inpatient Services: Nursing Homes, Intermediate Care Facilities, Respite Care and Assisted Living Facilities
- Older Adult Services: Support/ Advocacy Groups, Volunteer Opportunities and Adult Day Care
- Transportation Services

When faced with a legal matter, contact Revive & Thrive to be connected to an attorney with expertise specific to your needs. Legal benefits include:

Legal

- Free 30-minute consultations
- In office or telephonic with local plan providers
- Each consultation must be over a new legal topic
- 25 percent discount on attorney hourly rate/fee, and a 10 percent discount on the flat fee rate

You and your household members can access unlimited telephonic financial counseling, information and education from Revive & Thrive's team of highly-trained financial counselors. Typical financial matters include:

Financial

- Budgeting
- College Funding
- Credit Counseling
- Debt Management and Consolidation
- Retirement Funding

With convenience care, finding what you are looking for is just a phone call away. Revive & Thrive provides up-to-date, national resources and referrals for a range of needs, such as:

Convenience Care

- Adult Education Classes
- Airfare, Hotel and Car Rental
- Concert, Sport and Theater Tickets
- Contractors, Handymen, Plumbers and Landscapers
- Party Planning
- Personal Shoppers
- Pet Care
- Spa and Salon Services

how to activate your account?



Scan QR code or click to activate your account today.

how to access services?

Call: 888-784-5665
Access Member Portal:
member.myrevive.health